

Registration Package

Youth QUAKE 2008

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Y O U C A N

YouthQUAKE 2008

YouthQuake 2008 will gather together youth from across Canada who are interested in cross-cultural conflict resolution and community action. The week long training will occur at the Terry Fox Youth Center in Ottawa. YOUCAN will lead three one-week training events with 120 youth participants, 12 youth trainers and 6 chaperones per event. Youth will represent every province and territory each week. During each session youth will receive YOUCAN's interactive cross-cultural conflict resolution training and develop their own workshop that will be delivered in the participants home school or town after YouthQUAKE. YouthQUAKE participants will take their workshop action plans back to their communities and over the year they will be guided by a YOUCAN mentor implement their workshops and plan. Workshops that the youth participants give in their communities will be based on the Cross-Cultural training they receive from YOUCAN.

YouthQUAKE Vision

"To unite and assist 360 diverse Canadian youth (120 per week over 3 weeks in May) to improve their cross-cultural peacebuilding skills and make a peaceful difference in their communities"

Goals

- To train youth participants with the peacebuilding skills that will not only add to your resume but help you make your community a safer place!
- To give youth the opportunity to discover an area of Canada while learning and sharing with other young Canadians.
- Above all to have fun, meet new people and create great memories!!!

Dates:

(Please Choose one of the following)

1. Sunday May 4th -Saturday May 10th
2. Sunday May 11th -Saturday May 17th
3. Sunday May 18th -Saturday May 24th



ABOUT YOUCAN - YouthQUAKE 2008

Name of the host organization, Mandate and main objectives:

YOUCAN Youth Canada Association/ l'Association des jeunes canadiens

We are a national non-profit charitable organization dedicated to building a culture of peace among the youth of today. YOUCAN is Canada's leading organization run for-youth-by-youth. Our vision is to foster "a nation where all youth work in partnership with their communities to promote peaceful resolution of conflicts."

Our core objectives are to advance the training and education of youth in the fields of conflict resolution and prevention in Canada and abroad by; "developing educational materials, resource guides and curricula regarding conflict resolution processes for use by and for youth in the community and in schools."



Year the organization was established:

In 1996, the Canadian Peer Mediators Association (founded in 1992) elected an all-youth Board of Directors who re-named the organization YOUCAN (Youth Canada Association). YOUCAN was patented federally in 1997 as a charitable organization.

Scope of organization:

YOUCAN is a national non-profit youth organization, though participants from around the world often participate in our Resolve It Symposium and International Exchange Program.



Membership:

Our programs target youth between 12 and 25 years of age. The youth that make up our network are drawn from our national and international conferences, regional forums, and regional training events. In addition, our adult supporters and alumni are included as part of our network.

In total, we have trained over 20,000 youth with skills related to conflict resolution. Our database lists over 3,500 participants within Canada, representing every province and territory. We also have had participants from various countries around the world including: the United States, Colombia, Jamaica, Costa Rica, Guatemala, Bosnia and Herzegovina, Macedonia, Sudan and Cambodia.



Board of Directors:

YOUCAN is a national youth-serving organization governed by an all-youth Board of Directors (under 26 years of age). Presently, the Board is made up of ten directors from across Canada. These individuals are elected at our Annual General Meetings (AGM), and retain their position for two-year terms. Our next election will take place at our Annual General Meeting in August 2008.



Y O U C A N

YOUCAN's for-youth-by-youth,philosophy.

Youth have particular ways of expressing themselves and particular ways of viewing the world that is different from adults, consequently YOUCAN's "for-youth-by-youth" governance model is the most effective in our efforts to achieve a relevant, effective and sustainable organization for Canadian youth.

The for-youth-by-youth components of YOUCAN's programs are essential to our approach and will be woven into every project, program and event. This does not preclude adult involvement but it does put limits around the type of participation adults have.

Incorporating for-youth-by-youth practice and philosophy into every YOUCAN activity will leave a lasting legacy of skills that youth will inherit and carry on into their future endeavors.

Every YOUCAN training and event will be approved only if it will enhance the capacity of youth and ensure success.

Any youth's willingness to volunteer will be recognized and supported.

As cross-cultural harmony is foundational to YOUCAN, so is access to and involvement of diverse youth from all backgrounds and beliefs.

ABOUT THE TRAINING - YouthQUAKE 2008

Training: Each YouthQUAKE participant will receive over 24 hours of world-class conflict resolution training. The trainings we have chosen for participants are YOUCAN's Cross-Cultural Conflict Resolution and YOUCAN's Facilitation training.

What is training: Training in conflict resolution, peacebuilding and violence prevention is what YOUCAN excels at. Many people feel they already communicate well, deal with their anger effectively and the conflicts in their lives effectively. With all the conflict around us however, we have learned that we can all benefit from having some training that makes us less stressed out by conflict. YOUCAN provides new tools to deal with the conflicts in our lives and in our communities. It's more than something to add to your resume. It's a quality of life you develop by fostering peace where you go instead of violence.

Why is YOUCAN training unique?:



YOUCAN was founded by young people, continues to be governed by young people and your trainers will all be young people. When it comes to conflict, youth are the experts because when it comes to knowing what youth are going through - who better to understand than youth themselves.

YOUCAN has developed great relationships with adult mentors who lead their fields in understanding the various teachings YOUCAN delivers. Whether its negotiation, facilitation, mediation, etc..., YOUCAN has partners to help guide us along our way. At every stage of partnership, however, it's youth who have the final say on what we do, who we are and where we go.

More background on YouthQUAKE training:

1. Cross Cultural Conflict Resolution (XCCR):



A 12 hour course that teaches participants how to deal with the cultural elements that conflicts bring, while trying to understand their own cultural identity. This module emphasizes the developmental skills that a peacebuilder can use when confronted with racism, sexism, ageism, sexual orientation issues, homophobia, religious differences, etc...

2. Facilitation:



A 12 hour course that teaches participants how to be the neutral third party in a group setting. The participant learns to help a larger group come to a resolution, agreement or action plan. Group skills, animation skills, flipcharting skills, etc., are all developed in this training. At YouthQUAKE this training will be adapted so that participants create cross-cultural conflict resolution workshops that they can easily facilitate at the participants home, school and community after the event.

ABOUT THE LOCATION - YouthQUAKE 2008

The Terry Fox Canadian Youth Centre is located in a residential area in Ottawa. Founded in 1982, The Terry Fox Canadian Youth Centre was named in honour of the young Terry Fox. The Centre is known for its warm and inviting atmosphere and its multiple services.

The Terry Fox Canadian Youth Centre offers the following facilities and services:

- Dormitories: Two 29-bed and two 40-bed dormitories on two floors with 69 beds per floor for a total of 138 beds;
- Private rooms for 5 chaperones and one staff (6 beds);
- Training rooms: 6 rooms and 1 conference room;
- Lounge with television, VCR, books, board games, instruments, YOUCAN Karaoke, etc.;
- Café Internet: 21 work stations;
- Cafeteria-Auditorium: can accommodate 200 people;
- In-house kitchen: providing 3 complete meals each day;
- Security and Reception Service - 24 hours a day
- Lockers available on the ground floor;
- Automatic teller;
- Small convenience store on site;
- Pay phones which can be used with a calling card
- Laundry – coin-operated washers and dryers available;
- Outdoor volleyball and basketball courts;
- The Centre is wheelchair accessible.

What past participants say about YOUCAN events:

“best event ever!”

“Changed my life!”

“I now know how to deal with my sister!”

“Man...I’ve never dreamed of such diversity. I am blown away that two people I spent most of my time with live 2000 miles or more apart. One is from Labrador the other from the Yukon.”

“I was so inspired by the speakers. Hats off to the organizers!”

“I loved the dance party the most. What an awesome way to end the conference!”

“I am ready to take my action plan home and make a difference. Thanks to the trainers. They are my age and great role-models!”

“Okay so one word. A blast! Oh...that’s two words. Oops.”



Y O U C A N

ABOUT OUR HOST CITY

Ottawa at a Glance

Nestled at the junction of three picturesque rivers (The Rideau River, The Ottawa River and the Gatineau River), Ottawa is considered one of the world's most beautiful capitals. The city also borders the province of Québec, creating a dynamic cultural milieu in which both French and English cultures are deeply rooted. The result is a truly cosmopolitan experience—a North American city with a distinctly European charm and flair.

The city's rich ethnic diversity also includes thriving German, Lebanese, Italian, Polish, Aboriginal, Dutch, Portuguese, and Asian communities, among others. Throughout the year, these communities celebrate their heritage in many colourful multicultural festivals and events. Recently Arabic has become Ottawa's third most used language after English and French.

The seat of Canada's federal government, Ottawa is a major centre for the visual and performing arts. Yet the city retains the accessibility, atmosphere and charm of a smaller centre—rich in wide-open green spaces, parks and wilderness areas.

Ottawa is home to many of Canada's world class museums including; The Museum of Science and Technology, The Canadian Museum of Civilization, The Aviation Museum, The War Museum, The National Art Gallery, The National Portraits Museum and the Museum of Nature.

Ottawa is also known for the world famous Rideau Canal. Today, the canal is a playground—for skaters (it is the world's longest skating surface) in the winter and for boaters in the summer. It is the oldest continuously operated canal in North America—it celebrated its 175th anniversary in 2007—it is Canada's entry to be named a UNESCO World Heritage Site.

YouthQUAKE 2008

Did You Know?

Queen Victoria designated Ottawa as Canada's capital in 1857. Once known as "Bytown" this lively city is now home to events such as the annual Tulip Festival.

Orientation:

Ottawa is Canada's fourth largest city, with an area population of over 1.2 Million people. Convenient to major U.S. and Canadian urban centers, Ottawa is located 129 miles from Montreal, 295 miles from Toronto, and 413 miles from New York City.

Celebrities:

Ottawa was home to:

- (1) Alanis Morissette
- (2) Tom Cruise (only for two years)
- (3) Matthew Perry
- (4) Sandra Oh
- (5) Dan Akroyd
- (6) Steve Yzerman
- (7) Alex Trebek
- (8) Brendan Fraser
- (9) Bryan Adams
- (10) Paul Anka
- (11) many of your YouthQUAKE trainers and staff.



DRAFT AGENDA - YouthQUAKE 2008

Per week - 120 youth participants, 5 Adult Monitors, 1 YOUCAN Staff, 12 youth trainers. Each week will have 6 training groups.

1/2 Day (Sunday)

10:00 am.-5:00 pm. Flights arrive - meet the welcome team at the airport - take shuttle & check in @ registration
5:00-6:00 pm. Dinner
6:15-9:00 pm. YOUCAN ice-breakers and getting to know each other
9:00-10:00 pm. Free time
10:00- 10:30 pm. Chaperone check-in, ready for bed & lights out!

Day One (Monday)

8:00-9:30 am. Breakfast & speaker #1
9:30-12:00 am. Training session #1
12:00-1:00 pm. Lunch
1:15-5:00 pm. Training session #2
5:00 - 5:30 pm. Free time
5:30 - 6:30 pm. Dinner
6:30 - 9:00 pm. Social night activity #1
9:00 -10:00 pm. Chill time in the lounge
10:00 - 10:30 pm. Chaperone check-in, ready for bed & lights Out!
(5 hours, 45 min training)

Day Two (Tuesday)

8:00-9:30 am. Breakfast & speaker #2
9:30-12:00 am. Training session #3
12:00-1:00 pm. Lunch
1:15-5:00 pm. Training session #4
5:00 - 5:30 pm. Free time
5:30 - 6:30 pm. Dinner
6:30 - 9:00 pm. Social night activity #2
9:00 -10:00 pm. Chill time in the lounge
10:00 - 10:30 pm. Chaperone check-in, ready for bed & lights Out!
(5 hours , 45 min training)

Day Three (Wednesday)

8:00-9:30 am. Breakfast & speaker #3
9:30-12:00 am. Training session #5
12:00-1:00 pm. Lunch
1:15 - 3:45 pm. Training session #6
4:00 – 6:00 pm. Trip to Parliament
6:00 - 7:00 pm. Dinner
7:00 – 9:00 pm. Sports time & finalize action plans
10:00 - 10:30 pm. Chaperone check-in, ready for bed & lights Out!
(5 hours training)

Day Four (Thursday)

8:00-9:30 am. Breakfast & speaker #4
9:30-12:00 am. Training session #7
12:00-1:00 pm. Lunch
1:15 - 5:00 pm. Training session #8
5:00 - 6:00 pm. Dinner
6:30 – 9:00 p.m. Trip to Museum
9:00 - 10:00 pm. Free time / work on action plans
10:00 - 10:30 Chaperone check-In, ready for bed & lights Out!
(5 hours, 45 min training)

Day Five (Friday)

7:30 - 9:00a.m. Breakfast
9:30-12:30 a.m. Workshop practice sessions
12:30-2:00 p.m. Closing ceremonies & lunch
2:00-5:30 p.m. Shopping downtown
6:00-7:00 p.m. Dinner
8:00-1:30 a.m. Closing talent show & dance party
(3 hours, training)

1/2 Day (Saturday)

9:00 a.m. Breakfast / pick up box lunch goodbyes, check-out, gather luggage, hop onto the airport, train or bus shuttle, homeward bound!

Total training 25 hours, 15 min

Youth violence hits closer to home every day...

In 2003, it was estimated that 94% of shootings in Toronto were gang-related. Shootings in public places, such as the Eaton's Shopping-Centre, mean that anyone can become the victim of youth violence. And the violence is not limited to big cities. Recently, Statistics Canada confirmed that:

Regina, Winnipeg, Abbotsford, Edmonton and Saskatoon have had consistently higher homicide rates than Toronto for the past decade.

The national homicide rate in Canada rose by 12% in 2004.



Y O U C A N

REGISTRATION FORM - FAX BACK PAGE #1 - YouthQUAKE 2008

Your Personal Information:

First Name: _____ Last Name: _____

Address: _____

City: _____ Province: _____ Postal Code: _____

Home Phone Number () - _____ Cellular Phone Number: () - _____

E-mail Address: _____

More About You:

School or Organization Name: _____

Gender (circle): **Male** Female Other

Your Date of Birth mm / dd / yyyy _____ Your Age: _____

Do you have an special meal requirements? (circle): **No** / Yes: explain _____

Are you: Vegan Vegetarian Kosher Halal

Do you object to receiving medical care? (circle): **No** / Yes: explain _____

Do you have any physical or mental health issues? (circle): **No** / Yes: explain _____

List any allergies or medical conditions we should know about:

Do you wear a Medical Release Bracelet? (circle): **No** / Yes

Health Card Number (optional*) _____

**Please note: If the number is not written, the participants card must be carried at all times.*

Optional information:

Please Note: The information in this section is optional and kept strictly confidential.

Does Your town or community have fewer than 2500 Residents? (circle): **No** / Yes

What is your ethnicity? _____

What is your approximate household income? (please check one)

<input type="checkbox"/>	Under \$25,000
<input type="checkbox"/>	\$25,000 - \$40,000
<input type="checkbox"/>	\$40,000 - \$60,000
<input type="checkbox"/>	\$60,000 - \$80,000
<input type="checkbox"/>	\$80,000 and above

Please choose the one week you will attend:

1. Sunday May 4th -Saturday May 10th
2. Sunday May 11th -Saturday May 17th
3. Sunday May 18th -Saturday May 24th

Are you: Aboriginal Francophone Visable Minority Disabled

Have you ever participated in a YOUCAN event? (circle): **No** / Yes

If yes, which one(s): _____

FAX THIS PAGE WHEN COMPLETED

TOLL-FREE - 1 877 -309-5969

REGISTRATION FORM - FAX BACK PAGE #2 - YouthQUAKE 2008

Emergency Contact Information:

Parent/Guardian Name (Please Print): _____

Home Phone: () - Mobile Phone: () - Work Phone: () -

Emergency Contact Name (Please Print): _____

Home Phone: () - Mobile Phone: () - Work Phone: () -

Chaperone or Team Leaders:

Please Note: All conference participants will be assigned,
1. a chaperone (if you are under 18 years of age) or
2. a group leader (if you are 18 years of age or over).

There are only 5 places for chaperones/ group leaders per week not including YOUCAN staff. Please call Barbara Mitchell at 1 888 4 YOUCAN with any questions.

If an adult from your school or community has applied to YOUCAN to be a chaperone or group leader, please write her or his name below:

What T-shirt Size do you wear? (circle): X-Small Small Medium Large X-Large XX-Large XXX-Large

Please check off any YOUCAN training you have already taken:

- Intro. to Conflict Resolution
- Peer Helping
- Cross-Cultural Conflict Resolution
- Negotiation
- Mediation
- Facilitation
- Peace Circles
- Taking Action
- Train the Trainer
- Dealing with Difference (adults only)

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REGISTRATION FORM - FAX BACK PAGE #3 - YouthQUAKE 2008

Photo & Video Release

I acknowledge that YOUCAN has permission to take and publish photographs and recordings of (participants name) _____

I also agree that YOUCAN may take and publish the participants name in relevant organizational material. Photographs, recordings and names will be taken for the sole purpose of potentially being reproduced in YOUCAN publications or media reports about YOUCAN activity. I hereby waive any right to approve the finished products and I waive all claims for any compensation for their use.

Participant Conduct Agreement

I agree to the following Code of Conduct for YouthQUAKE 2008

(please initial boxes to indicate agreement)

I will not consume or possess any alcohol or non-prescribed drugs before, during or en route to/from YouthQUAKE 2008 in Ottawa, Ontario.

I understand that any sexual relations or harassment of any kind will not be tolerated and I will act accordingly.

I commit to being punctual (on time for all events) and attending all events organized by the YOUCAN planning team.

I will respect and obey chaperones, group leaders, YOUCAN organizers, speakers, YOUCAN trainers and Terry Fox Youth Centre staff (and their facility regulations) and I understand that their roles are to help look out for my safety and well-being.

I will smoke only in areas designated by YOUCAN staff, the Terry Fox Youth Centre and the City of Ottawa.

I understand that failure to adhere to any conference guidelines will result in disciplinary measures by my chaperone/ group leader and YOUCAN staff. If an offense is deemed serious enough, I understand that I will be sent home at the expense of myself or my parent/guardian's expense.

I will not enter any dorm room other than my own under any circumstances.

Parent/Guardian Name (Please Print):

Participant Name (Please Print):

Signature:

Signature:

Date: mm / dd / yyyy

Date: mm / dd / yyyy

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PAYMENT FORM - FAX BACK PAGE#4 - YouthQUAKE 2008

YouthQUAKE 2008 pricing: \$625.00. Price includes: 3 Meals and 1 Snack per day, your accommodation (bunk-beds in dorm style), and All YouthQUAKE events/ training.

Registration Fee Must be received before March 21st in order to qualify for a travel bursary. Due to our Government bursaries all travel must be booked and issued before March 31st. For any registrations after March 21st please call our office before submitting your application (1 888 496 8226). If there is space after March 21st, 2008, please add a \$50 administrative fee.

PAYMENT FOR: _____(participants name)

Cardholder Information (Credit Card Only)

First Name: _____

Last Name: _____

Address: _____

City: _____

Province: _____ Postal Code: _____

Home Phone Number () -

Cellular Phone Number: () -

Send cheque payable to YOUCAN and send by mail to:

c/o St. Paul University

223 Main St.

Ottawa, ON

K1S 1C4

*** REGISTRATION IS NOT COMPLETE UNTIL PAYMENT HAS BEEN PROCESSED AND RECEIPT ISSUED!***

Payment Type

Cash Cheque Visa Master Card

Payments by credit card are processed through our partners at the Canadian Institute for Conflict Resolution (CICR)

Amount Enclosed: _____

Signature: _____

Credit Card Number: _____

Expiry Date: mm / yy _____

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TOLL-FREE - 1 877 -309-5969

TRAVEL BURSARY FORM - FAX BACK PAGE#5 - YouthQUAKE

Legal first Name: _____

Legal Last Name: _____

(Information provided must be as shown on photo identification used for travel. ie... Passport, Drivers License, etc..)

Email: _____

Street Address: _____

City: _____ Province: _____ Postal Code: _____

Home Phone: () _____ Cellular Phone: () _____

Airport closest to home: _____

Train Station closest to home: _____

Bus Station closes to home: _____

Date of Birth (mm/dd/yyyy): _____ / _____ / _____ Gender (please circle): **Male** **Female**

I am requesting travel for the week of:

May 4 – May 10

May 11 – May 17

May 18 – May 24

A YOUNG representative will be in contact with you within 5 - 7 business days with regards to your travel bursary information. If we have not contacted you after this period, please call our main office toll-free at 1.888.4YOUNG between 9:00AM and 5:00PM EST.

initial

I understand that by filling out this form, I am not guaranteed to receive a travel bursary. Bursaries are based on funds raised by YOUNG, need and distance to travel.

I understand that any travel tickets purchased under my name are non-refundable and that name changes are not allowed. Any fees incurred due to any changes or cancellation to flights are the responsibility of the participants.

Signature of Participant

Date (mm/dd/yyyy)

Signature of Parent/Guardian (If the traveler is below the age of 18)

Date (mm/dd/yyyy)

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TOLL-FREE - 1 877 -309-5969

COMMUNITY ACTION AGREEMENT FORM - FAX BACK PAGE#6 - YouthQUAKE 2008

Community Action Agreement Form
initial

I understand that purpose of YouthQuake is to increase my understanding of conflict resolution and develop skills to be able to successfully implement an Action Plan in my community.

I agree to develop a Community Action Plan by myself or with others that will inform, change or lead to further action in my community.

I agree to be mentored by YOUCAN to help me implement my plan.

I agree to return all of the required paperwork – participant list, evaluation forms and the plan implementation form upon completion of my project.

I agree to do my best with the skills I have developed.

Participant's name:

Participant's Signature:

The community group or school that has given you permission to lead a 2 hour workshop after YouthQUAKE :

Approved By (name of Community group youth worker or teacher giving you permission to lead your workshop after YouthQUAKE):

Signature:

Date (mm/dd/yyyy): _____

Phone # (for reference): _____

CONTACT INFO

National Office

1.888.4YOUCAN

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Paul University

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Edmonton Office:

780-459-9878



Toronto Office:

647-667-8778



Ottawa Office:

613-230-1903



Y O U C A N

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